

Operating Address:
Billesley Tennis Centre
Wheelers Lane
B13 0ST

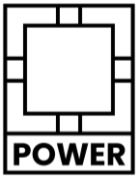
Competition Code of Conduct

DOCUMENT DETAILS

Document Reference	Power GT Competition Code of Conduct
Version	1.0
Issue Date	July 2025
Review Date	July 2026
Document Author / Owner	Charlotte Cunningham / Power Gymnastics Trampoline
Applicability	All users and employees of Power GT

VERSION HISTORY

Version	Date	Reason for release / version update	Issued by
1.0	July 2025	Creation of documentation	Charlotte Cunningham



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COMPETITION CODE OF CONDUCT

Power GT encourages gymnasts to participate in competitions to:

- Showcase new skills.
- Obtain competition experience in low stake environments.
- Learn to compete.
- Have fun.

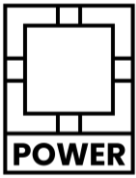
Please note, it is compulsory for all squad gymnasts to participate in competitions.

Competition Pathways

Power GT enters an array competition in line with British Gymnastics competitive pathways which include club, regional and national level. This document aims to outline the expectations surrounding attendance to competitions at each level. Gymnasts are not allowed to cross between competition pathway's mid-year.

- Club Level – Friendly competitions which introduce gymnasts (and parents) to what to expect at competitions, how to learn routines and the formalities surrounding competing.
- Regional Level (BG) – The region offers up to three regional qualification events following the regional competition structure and require the performance of the range and conditioning routine to a 70% pass standard. The top two gymnasts above age 9, from each category, will qualify to the Inter Regional Challenge cup held towards the end of the season.
- Regional Level (English) – English gymnastics offers two qualification events to the Silver English championships. Gymnasts are able to enter this if they meet the minimum requirements. Successful gymnasts will qualify to the English Championships.
- National Level (BG)– Gymnasts competing with an average execution above 8.0 and able to meet the set and difficulty requirements of their age group prescribed by British Gymnastics can compete at the National Age Group Championships. Successful gymnasts will qualify to the British Championships.
- National Level (English) – English gymnastics offers two qualification events to the Gold English championships. Gymnasts are able to enter this if they meet the minimum requirements. Successful gymnasts will qualify to the English Championships.

Parents / Guardians will receive email confirmation regarding the appropriate competition pathway route for their child at the start of the season by their lead coach.



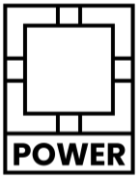
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Competition Entry

- i. Competitive groups will receive written communication at the beginning of the competitive year, this will outline information including:
 - a. Competition date(s) and times
 - b. Entry fees
 - c. Entry requirements
 - d. Address (when already confirmed)
 - e. Deadline for entry payment
- ii. Recreational (and competitive) groups may be invited to club competitions. Written communication will be provided throughout the year to parents/guardians as information is received by the club.

Late Entry

In certain circumstances, the club will accept late entries, however, Power GT will not take responsibility for any late charges incurred from this.

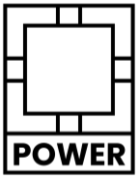


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Attire

Gymnasts are expected to wear club kit at competitions, and full tracksuits if they are collecting medals.

	Club Level	Regional Level	National Level
Club Jacket – £45.00 Age 6 / 8 / 10 / 12 / 14 £50.00 Size 8 / 10 / 12 / 14	Recommended	Compulsory	Compulsory
Club T-Shirt – £35.00 Age 6 / 8 / 10 / 12 / 14 £50.00 Size 8 / 10 / 12 / 14	Recommended	Recommended	Recommended
Joggers £35.00 Age 6 / 8 / 10 / 12 / 14 £45.00 Size 8 / 10 / 12 / 14	Recommended	Recommended	Recommended
Stag Female Competition Leotard £95.00: Size 24 – 32 £105.00 – 34+	Recommended	Compulsory	Compulsory
Stag Female Podium Leotard £80.00: Size 24 – 32 £90.00 – 34+	Not required	Only be required if competing at the English Championships or British Championships	Compulsory
Stag Podium Male Competition Leotard £45.00: Size 24 – 32 £55.00 – 34+	Recommended	Only be required if competing at the English Championships or British Championships	Compulsory
Stag Male Competition Leotard £45.00: Size 24 – 32 £55.00 – 34+	Not required	Compulsory	Compulsory
Empower Female British Championships Leotard £95.00: Size 24 – 32 £105.00 – 34+	Not required	Not required	Compulsory



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Appearance

- Gymnasts are expected to wear club leotards and jackets whilst at the competition. If they do not own the club joggers, they are expected to wear black jogging bottoms or leggings.
- Female gymnasts should have their hair in two plaits into a bun. The bun should have a green or black scrunchie around it.
- Gymnasts should wear plain white ankle socks – any pattern or colour will result in a penalty as per the code of points and are therefore not permitted.
- It is the responsibility of the parent/guardian to order new competition leotards in good time for growth.
- Female gymnasts **are** permitted to wear skin-tight shorts / leggings, however, they must match the colour of the base of the leotard. Please see British Gymnastics clothing policy for more details on this: <https://www.british-gymnastics.org/documents/footer-menu-items/governance-documents/11936-clothing-attire-at-events-policy-v1-0/file>
- Gymnasts must wear full tracksuits when collecting medals on the podium.

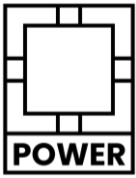
Officials and Volunteers

Regional and Silver level competitions cannot run without volunteers from clubs. Power GT is very appreciative of the support already provided by parents / guardians in roles such as:

- Marshalling
- Judging (must be qualified)
- Taking entry fees at the competition door
- Signing Clubs in / out of the competition

As per the regional and English handbook, clubs are expected to provide qualified (and unqualified) officials to competitions. The number of officials required is dependent on the number of entries the club has. Failure to provide the appropriate number of officials results in the following fines:

- English Events: £150.00 per missing official with a maximum of £600.00
- Regional Events: £100.00 per missing official with no maximum fine



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Power GT Marshall Incentive Scheme

Role	Reward	Role	Reward
Club / Regional / English Competition (unqualified) – Full day	15% off competition entry	English Competition (unqualified) – Full Weekend	25% off competition entry and travel expenses
English / Club / Regional Competition (qualified) – Full day	25% off competition entry	English Competition (qualified) – Full Weekend	50% off competition entry and travel expenses
Club / Regional Competition – part day	5% off competition entry		

Please note, this scheme does not apply for in house competitions.

Judging Training

Power GT is willing to support parents / guardians through judging qualifications, however, if Power GT does pay for this qualification, it is expected that the parent / guardian judges at, at least, 2 competitions a year. Failure to do so will result in the cost of the qualification being paid back to the club, in full.

If the club does not reach the required number of officials, a £15.00 fine will be added to each gymnast's entry to cover the cost of the fines. Failure to make this payment will result in the gymnast being withdrawn from the competition. This does not apply to those with parents helping.